



**Call 717-786-7118**  
 Fall Store Hours  
 Mon thru Fri 9:00 AM 'til 5:00 PM  
 Saturday Hours are 9 - Noon  
 There are occasionally exceptions to these hours which are listed on the door, on our website & are also on our answering machine if you call when we are closed. If in doubt check first.

# FEATURED PRODUCT

This is the column where we re-introduce you to those great products that we have carried for a long time that you may have forgotten about. Case in point, consider Nail Fungus Soak. We have carried this product for years and folks that have tried everything else or who had given up long ago on their discolored ugly finger or toe nails and then decided to try one more product were extremely glad they did. What you might not know is that this herbal formula was originally developed by Jim Long to fight athlete's foot. (And it still works really well to fight persistent cases of athlete's or 'moccasin' foot which is a kind of athlete's foot that causes the sole of the foot to be thick and calloused, often with painful cracking of the skin.) Basically the box contains an herbal packet and instructions which direct you to bring 32 oz of white vinegar (the cheap kind that you buy at the grocery store) to a boil. When it boils turn off the heat and dump the herb packet in, give a little stir and put a lid on the pan and leave it till the next day. Strain the herbs out of the liquid with a coffee filter or paper towel in a strainer and compost them. The most convenient container is a plastic shoe box with a lid since you can easily get your whole foot in it plus it has a lid to make it easy to store. Put the liquid in the box and soak your foot/feet/hand/hands 5 minutes a day until the condition is resolved. With persistence on your part once your nail has time to grow out completely the condition should be resolved. Be patient it took a long time for your nail to get this way and the results are worth the effort.



## New Stick Incense

For you incense fans out there we have some new stick incense fragrances in stock. How does Chai Tea, Shangri-la and Desert Sage sound. They smell delightful. Give one or more of them a try the next time you are in the store. And don't forget a bottle burner and some incense as a gift.



## New Fig Bar

We are always looking for healthy alternatives and when we find one we like to tell you about it. We have carried Oskri products for a while now. They are a company located in Lake Mills, Wis who manufacture delicious, organic food products. We recently brought in their fig bar. Guess how many ingredients it has....? Answer: One Guess what the ingredient is? Hopefully you guessed figs. If not we have a bridge to sell you. The next time you're in the store pickup some of these fig-a-licious bars at just \$1.69.



## Solar Powered Owl

Most owls sleep during the day, but not this fellow! Place him in direct bright light, natural or artificial and watch his head gently turn from side to side. He's a solar powered owl and works on a well-lit desk or sunny windowsill. He's a cute 3.5" tall and makes a great gift and conversation piece. And obviously no batteries required!



## New Products



People love Better Life products. They are the greenest products on the market, period. They are plant based, vegan and use no ingredients that you can't pronounce and are people and planet friendly. We've recently added the Work It Own It™ Natural Face, Hand & Body Lotion. It's the companion product to Cool Calm Collected™. The basic difference is that Work It Own It™ does not have mint which people either love or hate. This lotion is packed with nutrient rich hydrators to deeply nourish and soothe dry skin. Rest assured knowing that Work It Own It™ will melt into your skin without a greasy residue, so you can take on life while feeling soft and silky. Dish It Out™ is Better Life's new 22 oz Natural Dish Liquid. It's easy rinsing, pH balanced and is sulfate-free as you would expect. And it carries Better Life's signature clary sage and citrus scent. Pamper your pots and delight your dishes with Dish It Out. Get some the next time you're in the store.



## Design-A-Mug

Looking for a great project for kid's? Design-A-Mug is it! It comes with 3 different ready-to-color pictures. So all you do is pick a picture, color it and then just place the colored picture inside the clear plastic mug and snap in the white plastic insert. Use the included designs or your own. Great group project for a birthday or Bible or Sunday school at just \$1.99.



## A Natural Solution for Skin Tags

A skin tag is a small flap of skin, usually flesh colored or slightly darker, connected by a stalk. Skin tags may occur at any age but are more common in those who are overweight or middle-aged. These growths, which may be caused by friction, may appear on the armpits, neck, chest, back, groin, or under the breasts. They usually cause no pain, but may become irritated and sensitive if they catch on clothing or jewelry.

Although skin tags are not dangerous, many people choose to have them removed or try to remove them at home. Some methods used include laser or cutting them off. These methods may involve some pain such as stinging or burning, and may even leave a small scar.

Unlike methods that cut or burn the skin tag off, Dr. King's Natural Medicine Skin Tag Remover uses one, very effective, natural HPUS homeopathic ingredient in a 6X potency and

in an oil base, to gently and effectively help the skin tag dry up and fall off. There is no pain, no bleeding, no redness, and no scar. The brush applicator in the bottle makes the medicine easy to apply several times a day. Cost-effective, painless, easy-to-use, safe, gentle, and effective: Who could ask for a better solution? We are stocking Dr. King's Skin Tag Remover along with all the other great homeopathic remedies from King Bio. Stop in and get some today.

*This information is neither a recommendation nor diagnosis for disease. We make no health claims regarding the information presented here. This information is a starting point in your interest to be a better informed consumer of natural health products. We look forward to being a resource for you.*



## TOPS

What a great simple toy for young and old, clear & colored hardwood tops measure 1-3/8" diameter. Tops are easy kid pleasers, and great for parties, stocking stuffers, and goodie bags....

## Tacky Spray

Aleene's is a venerable name when it comes to crafting, that's why it's significant when Aleene's introduces an exciting new product, Aleene's Repositionable Tacky Spray. This unique formulation dries clear; tacky and best of all is repositionable so you can have a fresh start when you want it! Use it on lightweight applications like posters, wall decor and much more. It conforms to ASTM D 4236 and is made in the USA. The 10 oz can of spray adhesive is just \$9.99 and can be found with our other spray adhesive options. Give it a try for your next project.



## Backscratcher

Here's what you need to get that itch you just can't reach. Try Maple Land Mark's backscratcher which measures 16" long by 3/4" wide by 1/8" thick, crafted from locally sourced (Vermont), sustainably harvested maple. It has a hole in the handle for hanging from a hook or for attaching a loop.

Sculpey™ clay has always been a good seller for us, that's why it was a no brainer to bring in the 3 sets that make choosing colors a lot easier. Choose from sets of 10 natural, bright or classic colors for just \$18.99. Or if you're just not sure if clay is the right medium you can try 10 colors of Plasticlay for just \$2.19. Don't forget a pack of clay working tools to go along with your purchase, too.



## Maple Teethers

Our natural teethers are the perfect answer to concerns over toxic chemicals and finishes. These maple teethers measure about 3-1/2" in diameter by 3/4" thick and are only available unfinished. Each is rounded and sanded smooth to the touch and to the mouth and gums. Large enough for babies to get their hands and arms around and small enough to be comfortable in the mouth.



## TIPS & TRICKS

If you aren't already using Charlie's Soap products, why not, you should be. What's not to like about a non-toxic, hypo allergenic, biodegradable, laundry powder that comes in a plastic jar that's refillable at a \$3.00 savings? You know Charlie's Soap has plenty of uses besides laundry, right? So this Tip & Trick saves those disgusting sneakers from the garbage. Wet sneakers and spray liberally with Indoor/Outdoor cleaner. Soak sneakers in hot water and a scoop of Laundry Powder for 1-2 hours -- even better, overnight. Heck, throw in the socks, too. Rinse all with lots of water and air dry. Share YOUR Charlie's secret with us!



PMS Drops provide PMS relief for a woman's cycle with a homeopathic lozenge that responds to the physical and emotional symptoms stirred by hormonal changes. Our PMS formulation works with the

rhythm of the body to help restore regularity to the menstrual flow and relieve headaches and exhaustion. PMS Drops naturally moderate mood swings during a sluggish cycle and lessens irritability. These cherry-mint lozenges are vegan and gluten free.

