



"an eclectic emporium"



Call 717-786-7118

Winter Store Hours

Mon thru Fri  
9:00 AM 'til 5:00 PM  
Saturday  
9:00 AM 'til Noon

**BETTER LIFE**

GREEN CLEANING PRODUCTS

Installation #2

We are continuing our product by product introduction of the Better LIFE very Green, veg-an cleaning products which we started in the December 2011 Newsletter where we gave you details about Einshine, their metal polish and cleaner. If you missed the info on Einshine you can always go to the newsletter archive on the website to get a copy. It's worth mentioning again that the people at Better LIFE pose this question, *What if you didn't need a CHILDPROOF CABINET or CAP?* and feel that people are our most valuable resource. Why would anybody make a product that isn't safe for us? Better Life blends highly specialized surfactants made from sugar, starch, and amino acids - all safe stuff. You'll never see sulfates, ethoxylates, fragrances, dyes, or volatile organic compounds (VOCs) such as glycol ethers and alcohols in our products. VOCs vaporize, entering the air we breathe. They're triggers for respiratory problems, nausea, headaches, and skin irritation, and contribute to many more ailments.

So in a nutshell that's the philosophy that is behind this fantastic cleaning product line. We are carrying 7 of the Better LIFE products and to give you a better feel for each have decided to feature them individually in successive issues of the newsletter. So here we go with the second one.

**what-EVER!**

**SURFACES:** Use this safe cleaner on any washable non-porous surface, including: countertops, appliances, sinks, toilets, walls, baseboards, floors, tables, chairs, showers and tubs.



**DIRECTIONS:** Turn nozzle to 'ON' position. Aim and spray. Wipe with a cloth, sponge, old shirt, or that odd sock that lost its mate.

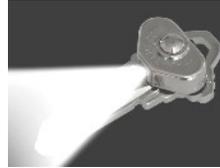
**SCENT:** Available in Scent-Free

Tough & Gentle. Use what-EVER! and be amazed how it will perform on your toughest jobs, but rest assured that you are not harming your surfaces while using it. what-EVER! all-purpose cleaner is solvent-free (no ammonia, alcohol, ethers) and pH neutral.

Sensitive to scents? Then you'll love what-EVER! It is NOT irritating to allergy and asthma sufferers because it is made without Volatile Organic Compounds (VOCs) perfumes and dyes.

Jack of all Trades. what-EVER! is your go-to for all the daily spills and little clean-ups that you encounter throughout the day. But don't keep it under the sink for those big jobs either. This is powerful stuff.

## Thumb-lite



We recently brought Thumb-lite into the store and as you will see it's the perfect solution when you need light. Thumb-lite's compact design (13/16" x 9/16" x 5/16") provides an easy way to turn anything into a flashlight. Whether unlocking a car door, or finding something dropped in the dark, Thumb-lite is a convenient way to provide extra light when needed. Unlike other compact lights, Thumb-lite can be used effortlessly with one hand. Designed to be used the way a person naturally grips an object, Thumb-lite is easily activated and shines light in the direction the object is pointing. No tools or assembly are required. Just pull off the adhesive protector and stick it on a key or other object - it's that easy. Because of its small size and advanced adhesive, Thumb-lite sticks to any size key. Thumb-lite is twice as bright as the competition, and the only key light with a replaceable battery, Thumb-lite gets the job done with the environment close in mind. What's more, it comes with a life-time warranty at just \$3.99.

- High strength adhesive
- Long-life alkaline batteries
- Super bright white LED
- Patented technology
- 100% recyclable
- Water Resistant
- Virtually indestructible

### A Word About Hours

We strive to maintain regular hours which are at the top right hand corner of this page. However there are times when we need to be closed during those hours. You can find Special Hours posted both on our website and on the door as well as hearing them if you call when we are not open. Thanks for your understanding

## Nano Relief

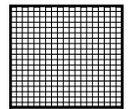
NanoRelief is an all natural and quick absorbing pain relief gel can be used for arthritis, strains/sprains, back pain, sore muscles, and joints. Even bruises are no match for NanoRelief's uncanny ability to quickly alleviate pain! Compared to the leading pain relief gel, NanoRelief lasts longer by penetrating deeper into the skin for more relief from aches and pains than ever before! Say goodbye to next day soreness from a tough workout by using NanoRelief as a post-exercise remedy to relieve muscle soreness before it starts. NanoRelief is sold exclusively through health care professionals and is FDA approved. Its pleasant scent and cooling sensation will not irritate your skin and even the most sensitive individuals will be able to enjoy its benefits. NanoRelief is developed without the use of animal testing and is free of artificial preservatives, fragrance, coloring or any diluting agents. It is the best of nature's remedies from plant extracts that have been used for centuries to relieve pain.



## We are experts at screen, storm window & insulated glass repair

We can do things that others can't do. We can make new screen or storm window frames. We have the expertise & the resources to get the job done!

**Paw Proof Screen** is the SOLUTION to the problem with pets & screens.



- Screens • Storm Windows • Insulated Glass •
- Vehicle Mirror Repair • Vanity Mirrors •
- Desk/Table Tops • Glass Shelves •
- Acrylic • Laminated & Tempered Safety Glass •

## 10 Facts Why GM Food is Bad

Bolster your argument against GMOs with these *10 Reasons to Avoid GMOs*, courtesy of international bestselling author and GMO expert Jeffrey Smith from The Institute for Responsible Technology (IRT). This list of ten facts begins to explain just how serious a threat GM food and crops pose to our personal health as well as the health of the planet.

- 1. GMOs are unhealthy.** Human studies show how genetically modified (GM) food can leave material behind inside us, possibly causing long-term problems. Numerous health problems increased after GMOs were introduced in 1996.
- 2. GMOs contaminate—forever.** GMOs cross pollinate and their seeds can travel. It is impossible to fully clean up our contaminated gene pool.
- 3. GMOs increase herbicide use.** Most GM crops are engineered to be “herbicide tolerant”—they defy deadly weed killer. Monsanto.
- 4. Genetic engineering creates dangerous side effects.** By mixing genes from totally unrelated species, genetic engineering unleashes a host of unpredictable side effects.
- 5. Government oversight is dangerously lax.** Most of the health and environmental risks of GMOs are ignored by governments’ superficial regulations and safety assessments.
- 6. The biotech industry uses “tobacco science” to claim product safety.** ‘Nuff said.
- 7. Independent research and reporting is attacked and suppressed.** Scientists who discover problems with GMOs have been attacked, gagged, fired, threatened, and denied funding.
- 8. GMOs harm the environment.** GM crops and their associated herbicides can harm birds, insects, amphibians, marine ecosystems, and soil organisms.
- 9. GMOs do not increase yields, and work against feeding a hungry world.** Whereas sustainable non-GMO agricultural methods used in developing countries have conclusively resulted in yield increases of 79% and higher, GMOs do not, on average, increase yields at all.
- 10. By avoiding GMOs, you contribute to the coming tipping point of consumer rejection, forcing them out of our food supply.**

Because GMOs give no consumer benefits, if even a small percentage of us start rejecting brands that contain them, GM ingredients will become a marketing liability. For more information on GMOs go here <http://www.responsibletechnology.org/>

*This information is neither a recommendation nor diagnosis for disease. We make no health claims regarding the information presented here. This information is a starting point in your interest to be a better informed consumer of natural health products. We look forward to being a resource for you.*



We have carried Vermont soap bars for a very long time and wanted to remind you that we carry this great



soap. Vermont soap bars are super-mild handmade soap and are USDA Certified Organic to Food Standards. They are made from a hypoallergenic vegetable base of organic Coconut, Palm, Olive and Palm Kernel oils. They use natural, aromatherapy essential oils and botanical extracts to alter the effects of this moisturizing soap base on your skin. All bars are facial quality. It takes nearly a month to handcraft a bar of Vermont Soap. Only this 200 year old process yields a bar of soap suitable for the most sensitive skin. All of Vermont Soap products are free of artificial colors, fragrances or preservatives. They use Rosemary Extract as a natural preservative. And they contains no animal products (except honey soap), animal by-products or testing.

Choose from (Shea) Butter Bar which is made with shea nut butter - Super moisturizing and no added scent; Oatmeal Lavender for dry skin - a superior face and body bar [Vermont Soap’s most popular bar soap]; Citrus Sunrise -normal skin/summer soap; Unscented Cocoa Butter - dry skin therapy for the most sensitive hair, face & body; Rosemary Herb - for all skin types, sweet, refreshing or Peppermint Magic - oily combination, skin - mild astringent.

They are good for you and good for the planet, too! All these 3 oz bars are just \$3.99 and they make great gifts, too!

## The Best Glass Option for Custom Framing

There are many reasons that people choose to get things custom framed. One common reason is that the object being framed has some value, sentimental or monetary and they want to enjoy it by putting it on view. And another very common reason is they want to preserve the object which is not achieved by keeping it in the attic or a drawer. Display and preservation are both achieved with quality custom framing. By quality we mean the use of all archival, acid-free mats and mounting materials in the frame package and the use of UV filtering glass.

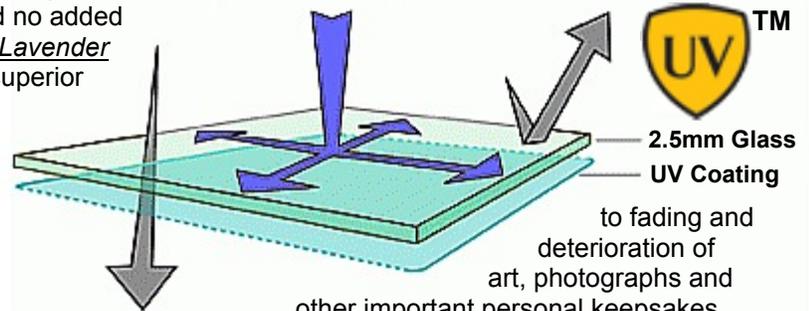
Take a look around your home at photos and other things that have been framed for years and notice how they have faded. If you really want to see how they faded then take something out of the frame that was matted and look under the mat. The difference is striking.

There is a very simple way to stop fading (UV damage) to any object and that is to use glass that filters out UV light frequencies. The choice in glass for custom framing is clear. Conservation Clear® picture framing glass offers the highest level of UV protection available in the industry. Over time exposure to indoor and outdoor UV light rays can contribute

• **BLOCKS 99% OF UV LIGHT**

Protect works of art against 99% of harmful indoor and outdoor UV light rays.

• **8% Light Reflection**



• Allows more than 89% Light transmission

Conservation Clear glass effectively blocks up to 99% of UV light rays to protect against fading and help keep framed pieces brighter, longer.

And if your looking not only for UV protection but reflection control as well then Museum Glass® which reduces reflection by over 85% is your choice. We offer you a wide variety of glass options that allow you full control over the preservation of your framed object.