



Winter Store Hours

Mon thru Fri 9:00 AM 'til 5:00 PM

Saturday 9:00 AM 'til Noon

BETTER LIFE
GREEN CLEANING PRODUCTS
Installment #3

We are continuing our product by product introduction of the Better LIFE very Green, veg-an cleaning products which we started in the December 2011 Newsletter where we gave you details about Einshine, their metal polish and cleaner. Then in January we talked about what -EVER, their great all purpose cleaner. If you missed any of the preceding info you can always go to the newsletter archive on the website to get a copy of any issues that you missed.

It's worth mentioning again that the people at Better LIFE pose this question, *What if you didn't need a CHILDPROOF CABINET or CAP* and they whole-heartedly feel that people are our most valuable resource. Why would anybody make a product that isn't safe for us? Better Life blends highly specialized surfactants made from sugar, starch, and amino acids - all safe stuff. You'll never see sulfates, ethoxylates, fragrances, dyes, or volatile organic compounds (VOCs) such as glycol ethers and alcohols in our products. VOCs vaporize, entering the air we breathe. They're triggers for respiratory problems, nausea, headaches, and skin irritation, and contribute to many more ailments.

So in a nutshell that's the philosophy that is behind this fantastic cleaning product line. We are carrying 7 of the Better LIFE products and to give you a better feel for each have decided to feature them individually in successive issues of the newsletter. So here we go with #3.

I can see clearly WOW!

Natural Glass Cleaner 32 oz
No Rinsing. Streak-Free. Film Free.

SURFACES: Glass, windows, mirrors, plexiglass, auto glass, tinted windows, light fixtures, chrome, and acrylic.

DIRECTIONS: Turn nozzle to 'ON' position. Aim sprayer at offending area and squeeze. Wipe with cloth or paper towel. Stand back and admire the streak-free shine from our powerful natural glass cleaner

SCENT: Breathe easy, this product is scent-free.

This comment from a *I can see clearly WOW* user says it all:

"I can't say enough about this glass cleaner! Using products that are safe for my family is very important to me. I was, however, skeptical about finding a "green" solution that worked effectively. Let me tell you, this stuff rocks! I think it cleans even better than any glass cleaner out there (and I've tried them all). No streaks, no smell, and totally safe. I tell everyone about it :)"



Supplies

We want to remind you that we have one of the most complete selections of art materials and supplies around. If you haven't seen what we have lately you really need to take a look.

No matter what your media, oils, acrylics, water color, pastels we have them and the accessories to get you going or keep you going with your project.

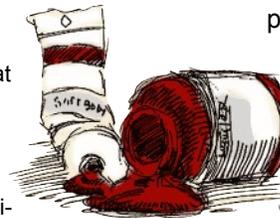
We'd like to especially mention the Liquitex Soft Body and Hard Body acrylics that we have stocked for over 25 years. This product line is unique in the industry and to us in that they are professional quality acrylic paints that are heavily pigmented and are the most UV resistant paints in their category.

We sell a lot of the Liquitex soft body paints to those who do fabric painting because of the hi-density of pigment that they contain and their resistance to fading from UV light.

Take a look at some of the other uses for this versatile Liquitex Paint: Traditional painting on canvas or panel, Murals, Glazing, Underpainting, Fabric Painting, Decorative Painting, Faux Finishing, Calligraphy, Unfired ceramics, Photo retouching, Watercolor

Illustration and Design, Airbrush (Thin with Liquitex Airbrush Medium), Printmaking Screen Printing, Mono Prints, Block Prints Collage and Mixed Media.

We think that you can see from this one example what an art material supply resource we can be. The next time you need art materials shop local and check us out first.



MagiKOTE
Surface coating for painting Styrofoam™

Create Styrofoam masterpieces!
Simply carve, combine, or sculpt ordinary Styrofoam shapes which we stock lots of here at SGMC. Then cover with MagiKote for a smooth paintable finish.

With simple painting techniques and MagiKote, Styrofoam takes on the look of stone, pottery, and much more... at a fraction of the cost. MagiKote™ Surface Coating for Styrofoam® will allow sculptors and crafters alike to worry less about the waffled, bumpy surface working with Styrofoam® typically produces. As the paper-plaster type coating is applied, the Styrofoam® transforms into a smooth surface, which can then easily be painted with acrylic paints.

Styrofoam® is also easily carved and sanded to make lightweight sculptures. Magikote is available in both 8 & 16 oz sizes. Give it a try today.

Computer Accessories

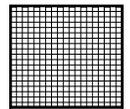


There is no reason to go anywhere else for your routers, mice, cables and all the other computer accessories that you might need. Price, selection and expertise right here!

We are experts at screen, storm window & insulated glass repair

We can do things that others can't do. We can make new screen or storm window frames. We have the expertise & the resources to get the job done!

Paw Proof Screen is the SOLUTION to the problem with pets & screens.



- Screens • Storm Windows • Insulated Glass •
- Vehicle Mirror Repair • Vanity Mirrors •
- Desk/Table Tops • Glass Shelves •
- Acrylic • Laminated & Tempered Safety Glass •

10 Uses for Coconut Oil



1. Eye cream — apply under the eyes to reduce puffiness, bags, and wrinkles. Use on the lids in the evening.
2. Diaper salve — very comforting on a rashy bum with no harsh chemicals. Also safe for cloth diapers.
3. Bug Bites — when applied directly to a bug bite, coconut oil can stop the itching and burning sensation as well as hasten the healing process.
4. Digestion — the saturated fats in coconut oil have anti-bacterial properties that help control parasites and fungi that cause indigestion and other digestion related problems such as irritable bowel syndrome. The fat in coconut oil also aids in the absorption of vitamins, minerals and amino acids, making you healthier all around.
5. May relieve acid reflux and indigestion when taken with each meal.
6. Cholesterol — improves HDL ('good' cholesterol) to HDL ('bad' cholesterol) ratio in people with high cholesterol.
7. Insect repellent — mix coconut oil with peppermint oil extract and rub it all over exposed skin. Keeps insects off better than anything with Deet! Tons safer too.
8. Polish Furniture — coconut oil with a little bit of lemon juice to polish wood furniture. However, I recommend you test it first on a very small, unobtrusive part of your furniture to make sure it works the way you'd like.
9. Chapstick — just rub a little into lips and it not only acts as a softening agent but it also has an SPF of about 4 so you get a little protection!
10. Lubricant — it is an all natural, perfectly safe personal lubricant. Not compatible with latex!

The above information is from the website www.healinglifestyles.com and originally from the blog hybridrastamama.blogspot.com

This information is neither a recommendation nor diagnosis for disease. We make no health claims regarding the information presented here. This information is a starting point in your interest to be a better informed consumer of natural health products. We look forward to being a resource for you.

Cordless Phone Batteries 101



As you probably already know (and if you don't you do now) SGMC is your headquarters for all your cordless phone battery (and other batteries too, but we're talking about cordless phone batteries here) replacements. We stock probably 98% of the batteries that are out there and can get you fixed up right away when you come in for your battery. There is one thing that you can do to make the process of selecting the correct battery really easy and that is to simply **pick up your cordless phone handset (with the battery in it) and bring it with you.**

With the handset we have everything that we need to get you the correct battery. By looking at the old battery in your handset we can tell the size and number of individual cells that make up your battery as well as the type of connector and the polarity of the connector.

Unfortunately since there is no comprehensive, reliable cordless phone battery cross-reference we have found over the years that visual identification is the quickest and best solution to get a quality new battery into your phone. Since you've brought your handset with you for your new battery we will also install the new battery in the handset for you at no extra charge. Who else do you know that will do that for you in this day and age.

We will also explain to you that in order to get the most out of your new battery we recommend that you charge your battery a full 24 hours before you use it.

What that means is that you take the handset home and sit it on the base and don't touch it for 24 hours. Some people find that unplugging the phone line from the wall or the base so that the phone doesn't ring helps them remember not to use it for 24 hours. Others find that putting a Post-it® or a piece of tape on the phone reminds them to leave it alone for 24 hours. So the take home here is that if you need a cordless phone battery you have to go no further than SGMC.

Boost WiFi Up To 1 Mile!



This WiFi antenna is the solution to the problem of weak or no WiFi signal. This is one of the best home, mobile, or RV WiFi Antennas made. Just plug it into the USB port on your computer for powerful WiFi reception. This antenna incorporates the newest WiFi wireless "N" technology with a connection rate up to 150 Mbps for lightning fast file transfers.

This antenna comes with a special USB split cable that offers two plugs to your computer to increase power. Normally one plug works well for a powerful reception. If you need more powerful reception and you have an extra USB port, then plug both into your computer.

It mounts easily to your window with suction cups or to the wall using the supplied lanyard and "hook and loop" material. If you are trying to receive a far away signal from outdoors, then the best place for mounting is above the peak of your roof so that signals can be received from miles in every direction. This antenna is made weather-proof, while bouncing harmful UV rays. A standard 15-foot split USB cable is included but you can purchase an optional 30-foot USB cable to reach the peak of your roof. Outdoor mounting is easy with the included cable-tie to secure the antenna to your plastic pole. While testing this antenna in a small town in California, they were able to see more than 25 different wireless networks and even connect to one over a mile away! Normally, they could only see about 6 networks within range. In further tests they were able to connect to a small wireless router from over 100 yards away, keeping 80% signal strength through several walls and obstructions. You may be surprised at what the Super USB WiFi Antenna-3 can do for you. Get one today at just \$99.99.

Here's all the geek speak. It's compatible with 802.11 B, G, and N. Up to 150 Mbps. WEP, WPA, WPA2, WPS encryption compatible. Easy software included. Works with Microsoft Windows - XP, Vista, Vista x64, Windows 7, Windows 7 x64, MAC OS 10.4-10.6. Weight: 1.8 oz. Size: 1.4" W x 10" L x 0.6" D. Indoor / Outdoor (IP65 Rated)