

Call 717-786-7118

Spring	Mon thru Fri 9:00 AM 'til 5:00 PM
Store Hours	Saturday 9 -Noon

Shadowboxes



Shadowboxes are a great way to creatively frame collectibles, mementos, and memorabilia. Special unusual objects are best presented in shadowboxes as they call attention to the article and are truly original and custom made. For example, this Tooth Fairy doll was hung on a doorknob in a shadowbox to show how it was meant to be used. It also creates a unique, one-of-a-kind frame package. The whimsical feel of the doll was enhanced by using a detailed striped frame design, both inside and out. By using a wide mat border and creating a striped design that matched the doll, the theme was continued. Three different color frames are stacked to create more depth and also coordinate with the doll's clothing. Look around and see what unusual objects you might have in the attic and bring them in for us to design an eye-catching memory just for you or as a one of a kind gift for that someone special. We are Custom Framing Professionals with over 30 years of experience custom designing beautiful framing at very competitive pricing.



We've mentioned many times before that one of our ongoing goals here at SGMC is to bring products into the store for you that offer exceptional value while not harming you or the planet. With the concern about the climate and all the toxic chemicals that we are exposed to on a daily basis which affect our health, it is refreshing when we can offer you products that are safe for you and the planet while offering value at the same time. Cleaning products are of special concern since cleaning product manufacturers are not required to reveal what ingredients they contain even though we use them in our homes often everyday and at times they also come into contact with the body's largest organ, the skin. If you don't believe us about the ingredients not being listed pick up any cleaning product in your home and look for yourself.



After a lot of research we have decided to offer you products from AlmaWin, the green quality leader! What a pleasure to offer these washing and cleaning products to you, our discerning customers, who are concerned about the environment, their health and the well being of humanity! AlmaWin is not willing to compromise on ingredient integrity to achieve sales targets and they formulate all their products. AlmaWin is renowned in Europe for being the front-runner in the field of dermatological and ecological safety. All AlmaWin products are made with you in mind. They work at least as good as conventional detergents, are approved by dermatologists and are eco-friendly. Apart from having a clear

conscience, AlmaWin is convinced that their products are "best in class", world-wide. They therefore give you this 100% money-back guarantee: "If AlmaWin washing and cleaning products are not the most effective eco-brand you've ever tried, just return them and get a full refund."

We are currently stocking AlmaWin Automatic Dishwashing Powder and Dishwashing Liquid Eco Concentrate, both of them have a complete ingredient list on their package.

AlmaWin Automatic Dishwasher Powder delivers: You get sparkling dishes although the product is earth-friendly. This is true progress for this product category. And at about 18¢ a load it can't be beat. AlmaWin Dishwashing Liquid Eco Concentrate where "1 squirt is sufficient" contains wheat proteins, which nourish the skin without releasing an oily film. That helps your skin to rejuvenate while doing the dishes.

All AlmaWin products are not only human but also earth friendly. The ECO GARANTIE label indicates this. AlmaWin products exceed the worldwide highest criteria of sustainability and ecological responsibility applied by this independent ECO GARANTIE label.

We would encourage you to read more about AlmaWin products on their website at www.almawin-usa.com and then to give them a try for yourself. Remember their no risk 100% money-back guarantee: "If AlmaWin washing and cleaning products are not the most effective eco-brand you've ever tried, just return them and get a full refund."

Really Clean & Green for just 18¢ a load



80 Loads

"Hypo-allergenic, Non-toxic & biodegradable. Recommended by major diaper manufacturers!"



We are the only source in Central PA for these great products!

No matter what you're using to clean you want to be sure that it works, it doesn't damage you or the planet and that it's economical. All of these products will meet & exceed your expectations.

Largest Selection of Cellular Accessories Around



"Best Price, Selection & Service"

It's Your Health

Making the Best Choices

We all should know by now that what we choose to put in our mouth contributes significantly to our overall well being and health. And as the saying goes, "Without health nothing else matters". So it would be good for all of us if we paid more attention to those choices that we make each and every day.

The best choice that we can make when choosing fruits and vegetables is to grow our own. It's not only very economical in an economy such as this but also you know exactly how your food is grown and obviously where it comes from. If for whatever reason you can't grow your own food then supporting a local CSA (consumer supported agriculture) or local farmer's markets is certainly the way to go. Of course buying your food from the person that actually grew it gives you the opportunity to find out how it was grown, i.e. was it grown organically or grown using organic methods or using conventional methods.

It should be obvious by now that choosing organic over conventionally grown food is the way to go if your goal is health. If you think that eating food that is grown with synthetic fertilizer and doused with who knows what toxic cancer causing chemicals is good for you, we don't have the space here to convince you otherwise. We would just suggest further research on your part.

So what if it's Winter or you just can't grow your own food and you have to rely on the produce section of the local grocery store for your fruit and veggies? How do you know how the fruits and veggies were produced? Well, believe it or not there is a way to tell with most items. You know those irritating small tags with numbers on them that you see on your fruits and veggies, they are a key to important information. Having the key and cracking the code will give you information so that you can make the best choices for your health.

* Conventionally grown produce has a four-digit number on the sticker.

* Organic produce gets a five-digit number that begins with a 9.

* And produce items that are genetically modified also get five digits, but they begin with an 8.



The Easter Bunny is hopping your way

Now that Spring has sprung can Easter be far behind? The bunny pictured above is just one of the many darling projects that you can make to celebrate the season. We'd like to remind you that SGMC is your local source of all the supplies that you require to feed your creative talents whether it's just for personal pleasure or when leading a group that is making these projects.

We have a great supply of all the materials that you require at very competitive prices. In fact we often get comments like, "Your pricing is better than (insert name of big box craft store here)" or "I don't know why I ordered from that catalog and paid shipping when I could have just come here in the first place and gotten my supplies."

There is a misconception that since we are small that we are not price competitive. We are competitive and can offer products, service and project ideas that others can't. We have many people who come to us for their supplies for day camps, bible schools, nursery schools, scouts, etc that will simply bring us the project that they want to make, they tell us how many they need and we figure out and gather all the supplies so all they have to do is stop and pick them up and on top of that we offer non-profit groups paying cash 10% off our already competitive prices.

So lets recap: we are local, you can talk to us, we provide you products at competitive prices and will special order at no charge items that we don't normally stock, you don't ever pay any shipping costs, we will save you time by gathering together all the items you need for your various projects and also offer your non-profit organization a 10% discount for cash. Seems like a no brainer doesn't it? We are here and will continue to stay here with your support. And by the way, if you really like that bunny at the top of the page we have the instruction sheet available for you FREE with the purchase of supplies to make it.



NEXTEL
NOW More Carriers, More **FREE** Phones, Great Prices, Better Service • **SGMC Raises the Bar!**

Sprint

T-Mobile

verizon

at&t

Liquitex

The other day we got to thinking about how long we have been carrying Liquitex products and although we are not exactly sure we think it has been somewhere between 25 and 30 years. That's a long time considering most things have a much shorter life.

A lot of people don't realize that in addition to all the other products and services that we provide we are a full service Art Materials Supply Store. We carry all the major name brands that have defined art in all its forms for years and Liquitex is just the example that we are focused on here. Liquitex Concentrated Artist Colors are just that **CONCENTRATED**. You can compare Liquitex Concentrated Artist Colors to any other acrylic



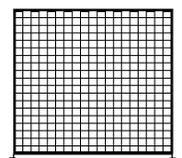
craft paint and it will come out on top everytime. Liquitex Concentrated Artist Color, also known as "jar color," is extremely versatile. The rich pigmentation and creamy, pre-filtered consistency deliver quality results in a wide variety of applications and techniques, including traditional painting on canvas, decorative and fabric painting, illustrations, air-brush and watercolor techniques, and more.

One of the big areas where we have seen a resurgence in the use of Liquitex Concentrated Artist Color is fabric painting. It is the premier choice of today's fabric painters. Folks that have tried other lesser quality paints for fabric painting always come back to Liquitex. SGMC is one of the few stores that carries a complete line of Liquitex Concentrated Artist Colors along with a fine selection of brushes no matter what your medium might be.

We are experts at screen, storm window & insulated glass repair

We can do things that others can't do.
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