

# SGMC News

"an eclectic emporium"

[www.solanco.com](http://www.solanco.com)

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Call 717-786-7118

Regular *Mon thru Fri*  
9:00 AM 'til 5:00 PM  
*Saturday*  
**Store Hours** 9:00 AM 'til Noon  
*Other hours by appointment*

## "Clean with Enzymes"



Imagine... a new way to clean for a healthier home.

- \* Stains on your kitchen floor are removed naturally
- \* Food preparation surfaces are cleaned naturally
- \* Mold and mildew are eliminated naturally

Now imagine a new line of all natural, non-toxic cleaning products that really work - products that not only out perform other natural cleaners, but chemical cleaners you've tried before.

Imagine cleaners that dissolve organic dirt into it's basic natural components - safe for you, safe for our planet.

Luckily, there's no need to imagine - these cleaners are here at SGMC today.

There's a popular misconception that safe, natural cleaners don't do the job well. This is sustained by mass marketing telling you that cleaning requires an arsenal of potent and toxic cleaners. In fact, none of this is true.

### Enzymes are family safe...

How do you protect your family? Experts agree that toxic elements in our environment are largely responsible for the increased occurrence of cancer and serious health issues in our world today. ChemFree Solution's enzyme cleaning products are all natural. They do not release harmful gases of any kind. They're non-toxic, non-caustic, hypoallergenic, and safe for human, animal, and plant life. They are free of harsh fumes and vapors, phosphates, chlorine and petroleum.

Enzymes are not just part of a sustainable environment, they create one. For an enzyme to work, the material it works upon must be present. If no such material is available to the enzyme, the enzyme performs no function. Therefore, the only warning label is keep it out of your eyes and they can be used on nearly any surface not damaged by water.

ChemFree Solutions cleaners are not tested on animals. Simply put, our cleaners are the most eco-friendly products in the market. Enzymes are nature's solution to cleaning...

They work exclusively on organic materials (starch, fats, food, grease and oil, to name a few) and react only with their target. This makes them safe to use, with no side effects, and no need for lengthy warning labels. Choosing enzymes over traditional cleaning agents allows you to do the job precisely and effectively without the collateral damage inflicted by toxic chemicals. Enzymes are truly nature's safest solution and SGMC has 5 great enzyme cleaning products in stock for you now. Choose from Mildew, Tube & Tile, Kitchen, Floor and the innovative Stain Eraser wipe. Try these great cleaning products for their wonderful cleaning ability and a less toxic home.

## The "I Love You Basket"



If you're looking for special way to say "I Love You" any time, but especially on Valentine's Day, we've put together a basket full of goodies that total over \$100 for just \$74.99.

The basket itself is a one of a kind African market basket trimmed with wooden hearts and containing an 'I love you' bear holding 3 Mylar balloons, products from Burt's Bees, a delicious cookie & special saying. Each basket is unique -- order yours today before they're all gone!

## MATS...MATS...MATS...!!

You already know that we are custom mat specialists and that we also carry a large selection of pre-cut or ready-made mats.

We have recently added the 11" x 14" K-12 Graduation Mat in black or sand that allows easy display of all the school pictures from K-12 in a ready-made frame for just \$4.99.



## 30 YEARS

1977 - 2007

It hardly seems possible that we have been doing this for 30 years, but the calendar doesn't lie and here we are in 2007 -- 30 years after our meager start as just a one-man glass shop that has burgeoned into all that we are today! Lots has changed since those early days, most noticeably our location has changed 4 times. And our home now is where we have been the longest, almost 14 years. We have added and continue to add products and product lines as we see the need in the community. We'd like to thank all of you who have supported us over the years. We sincerely appreciate your continued support of our family-owned and operated business. We will continue to give you unique, quality products and solutions at fair and reasonable prices along with our combined expertise and experience of more than 85 years. If there are things we could do better, please let us know and if we have done well, please let us know that, too! We hope that you will continue to value and support all small family-owned businesses for without your continued support the services, products and expertise that we and other small businesses offer will no longer be available.

## SCIENCE FAIR HEADQUARTERS

The holiday season is over and the kids are back in school and before you know it you and they will be working on Science Fair Projects.

We want to remind you that we can help with the supplies.

And this year for the first time in addition to white & black display boards we can also offer blue, red and green display boards as well.

In addition you can find things like plaster of paris, paper mache, styro-foam balls, wire & electronics and other components that you may need to complete the project.

Remember to make it easy and shop SGMC First.



## Verizon Wireless Service Provider

Remember it's not only "the network", it's also our over 25 years of experience & expertise in selling cellular! SGMC is your smart cellular source.



## It's Your Health

### Apple Cider Vinegar

Apple cider vinegar has been highly regarded throughout history. In 400 B.C. the great Hippocrates, the Father of Medicine used it for its cleansing, healing, nurturing and energizing qualities. Raw apple cider vinegar is a naturally occurring antibiotic and antiseptic and fights germs and bacteria. The claims that many make about apple cider vinegar are that it will give you a stronger, longer, healthier life.

Other miraculous claims about apple cider vinegar...

- \* Helps maintain a youthful and vibrant body
- \* Helps fight germs and bacteria naturally
- \* Helps retard the onset of old age in humans, pets and farm animals.
- \* Helps regulate calcium metabolism
- \* Helps keep blood the right consistency
- \* Helps regulate women's menstruation
- \* Helps normalize the urine, thus counteracting the frequent urge to urinate
- \* Helps digestion and assimilation
- \* Helps relieve sore throats, laryngitis and throat tickles and cleans out toxins
- \* Helps sinus, asthma and flu sufferers to breathe easier and more naturally
- \* Helps maintain healthy skin, soothes sunburn
- \* Helps prevent itching scalp, dry hair and baldness, and banishes dandruff
- \* Helps fight arthritis and removes toxins and crystals from joints, tissues and organs
- \* Helps control and normalize weight (if used in conjunction with a healthy eating plan)

When using apple cider vinegar, make sure to get raw organic vinegar, with the mother still in it. Vinegar that has been pasteurized does not produce the same results. Bragg's is my favorite brand. Most people take 1/2 to 1 teaspoons per day, either straight or in 8 oz of pure water. Bragg's recommends that an individual take an apple cider vinegar "cocktail" three times a day for maximum results. The Bragg's cocktail consists of 1 to 2 teaspoons of organic raw apple cider vinegar mixed with 1 to 2 teaspoons of raw honey in a glass of distilled water. Sour Bath -- It is said that Helen of Troy bathed regularly in vinegar. You can give your beautiful body the same treatment by adding apple cider vinegar to your bath. Vinegar should not be used directly on the skin, but when properly diluted will make an excellent "sour bath" that removes dry flaky skin and restores skin's natural acid balance. Add a cup of vinegar to your bath water and see how your skin glows.

From *Chet Day and Dayzines.com*, 12/25/06

For more information on apple cider vinegar get the book *Apple Cider Vinegar* by Paul and Patricia Bragg. We have the book available in the store along with Bragg's Apple Cider Vinegar.

This information is neither a recommendation nor diagnosis for disease. We make no health claims regarding the information presented here. This information is a starting point in your interest to be a better informed consumer of natural health products. We look forward to being a resource for you.



At last, a cord managing device that works with you... not against you!

The Original Cordpro™ is the time proven performer to organize your residential cords and small hoses. Great for yard work and in the garage. Holds up to 100' of standard 16/3 and



most 14/3 extension cords. (12 5/8" in diameter and 3 7/8" deep.) The Original Cordpro™ is also great for RV hoses and cords. They are just \$14.99 each or 2 for \$12.49 each; 3 for \$11.65 each; 4 for \$11.24 each or a case of 8 for \$10.62 each.



The NEW Mini Cordpro Organizer prevents tangles, while keeping small cords organized. It instantly dispenses the amount of

cord you need.

And it's so lightweight (1 oz.), you almost don't know it's there.

It's ideal for computer & audio/video cords and cables. Also great for small appliance & tool cords, etc.

The Mini sells for \$7.50 each in singles; 2 for \$5.25 each; 3 for \$4.99 each; 6 \$4.16 each or a case of 12 for just \$3.75 each.



To use the Original Cordpro™ plug cord into outlet, lay Cordpro on the ground and pull end of cord to needed appliance or tool. The Cordpro will unreel just the right length of cord as it slides with you!

## NEW SHARPIES



New colors of the ever popular permanent marker Sharpie™ are now in stock. Choose navy, burgundy, lilac, aqua, lime, turquoise, berry along with the ever popular standards. If you need markers check with us!



We recently added a new line of WASHABLE paint especially for Kids. It's from Kids Concoctions and it's called Pizzazal. It is available in 8 oz containers in the following colors: Radical Red, Yummy Yellow, Berry Blue, Glop Green, Pizzazy Purple, Orbit Orange, Wild White & Bootific Black.



Pizzazal is non-toxic and is soap and water cleanup. In addition each of the containers has the following recipe for Wacky Window Paints which adds a whole different and unique use for the paint.

### Wacky Window Paints

Mix 2 Tbs. Clear liquid dish soap and 1 Tbs of Kids Concoctions Pizzazal paint together in a small cup.

Paint on windows using non-roll paint brushes. Remove paint with a damp paper towel.



A lot of our Puzzled™ 3D wooden puzzles found their way under the Christmas tree this past holiday season and they continue to be a popular activity for young and old.

We'd like to let you know that we have some new brand new just released puzzles in stock to occupy those days in the middle of winter where the last thing you want to do is go outside.

Here are some of What's New :: F-15 Fighter Plane, Rooster, Frog, Train, Deer, Sailboat, Snowman, Panda, Ducks, Small Lighthouse & Farm Tractor. Come in and see our samples and stock up.



Try some Puzzled Mini at just \$1.19 ea., 3 or more \$0.99, 6 or more \$0.89. Great for parties, too!