



www.solanco.com

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News

Complete Digital Restoration Services



Before



After

As part of our Professional Custom Framing services we offer Digital Restoration of your old documents and photos. Let us take that old cherished photo or document and digitally restore it to like new condition and then print the restored image. The original photo is simply scanned but never physically touched or altered. We recommend preserving the original document in an acid free envelope which we provide. Maybe you have a photo that would look great on the wall as a stretched canvas. We can convert that photo to canvas for you. Stop in to see samples and bring your originals along for evaluation and pricing. Since restoring an original and not displaying it wouldn't make sense, we can also help you choose a frame and mat that will complement your newly restored work of art. Let us make those cherished documents that are just laying in a drawer into something that you'll be proud to display on the wall.

New Cable Allows Easy Transfers Between Computers



Did you ever have the need to transfer files between two computers and you wanted an easy way to do it. We have the answer. It's the #USB-408 DirectLink Cable. It allows you to instantly share files and transfer data conveniently! This USB 2.0 DirectLink Cable connects to your computers USB port to another computers USB port, so you can conveniently transfer files and data at super fast USB 2.0 speeds! This DirectLink cable uses a special design to eliminate drivers completely. The manufacturer did this by cleverly adding a flash chip right inside the cable. This chip is "seen" as a separate drive by the PC and on this chip is the program used by the cable. Simply run the program on each machine and it's ready for use! This compact device is ideal for home or office use, or for taking work on the road. Stop by the store to get your's today!

Look at its features:

- Direct cable link of two PCs via the USB port
 - Plug and Play with hot plug
 - Over current protection
 - USB 2.0 transfer rates up to 480 Mbps (backwards compatible with USB 1.1 rates of up to 12 Mbps)
 - Share files and transfer data conveniently
 - Bus powered
 - No external power source needed
 - Driverless design (executable program installed on a flash chip built into the cable)
 - Approximately 6 feet from plug to plug
- Don't forget that no matter what cables, connectors, CDs, etc. that you need for your computer SGMC has them. Do you need network cables, Ethernet switches, wireless routers, FireWire cables. We have them! Plus we have the experience and the knowledge to help you get what you need to do what you want to do.

Call 717-786-7118

Summer	Mon, Tues. & Thurs	9:00 AM 'til 5:00 PM
Store Hours	Wed. & Fri	9:00 AM 'til 7:00 PM
	1st Saturday of each month	8:00 AM 'til Noon

Diagnosing Problems With Cordless Phones

Cordless phones have been a wonderful addition to our daily lives, but as with most things they occasionally go on the fritz. A lot of times it's just the battery and that's easy for us to take care of since we stock probably 98% of the cordless phone batteries that are on the market and can of course order the other 2%.

Typically if it is the battery the talk time that you get from the phone will gradually diminish until you can barely get a few sentences out until it goes dead. If you suspect that it's the battery DO NOT remove the battery from the handset. Simply bring the entire handset with the battery in it to us. The battery and handset provide all the information that we need to replace the battery for you.

If the phone is dead or beeping or not doing something that it supposed to do please bring the entire phone in with you. That would include **1. The Handset** **2. The Base** and **3. The power supply**. Once we have the entire phone we can give you an idea what the problem is and what the best resolution would be.

Remember that SGMC is **Your Phone Store**. New phones -- corded, cordless and cellular plus all the accessories and parts.





cingular
raising the bar

Talk is Cheap! Ask us about a Family Plan.

"We know cellular, so you will, too!"



Green Tea and the Sun

As good as the sun feels this time of year, it's just not good for you, but you already knew that. While some may tout the vitamin D benefits derived from the sun, the other side of the equation, should you over indulge, even by a little bit, are disastrous. The incidence of skin cancer continues to rise despite the abundance of warning to cover up and use a protective sunblock. Green tea seems to offer an endless array of health benefits. Those benefits now include the ability to protect against ultraviolet light induced skin damage. Green tea, as an ingredient in sunblock, and taken orally, has been shown to protect against ultraviolet light induced skin damage in numerous studies.

Green tea, rich in antioxidants, is the most consumed beverage in the world after water and has been used medicinally for centuries in India and China. The leaf and bud of the camellia plant are the basis of both green and black tea. But unlike black tea, which is fermented, green tea is steamed dry immediately after harvesting, which leaves it with larger amounts of polyphenols. Its most effective polyphenol is epigallocatechin gallate.

A June 2004 study published in the *Journal of Investigative Dermatology* suggests that green tea polyphenols prevent ultra violet light induced damage to the skin. Previous research has suggested that green tea polyphenols can kill tumor cells and may starve cancerous growths by limiting blood vessel growth around them.

This information is neither a recommendation nor diagnosis for disease. We make no health claims regarding the information presented here. This information is a starting point in your interest to be a better informed consumer of natural health products. We look forward to being a resource for you.

If you aren't getting all your servings of Fruits and Vegetables

NanoGreens¹⁰

Can Help!



Today, everyone better appreciates (or should) that dark greens, brightly colored fruits and vegetables are not only rich in vitamins and minerals, but phytonutrients. On going nutritional research has demonstrated that optimizing phytonutrient intake by eating 7 to 13 servings a day may: increase energy, naturally, without stimulants :: reduce appetite, improve metabolism, assisting weight loss efforts :: restore regular elimination and assist digestion :: reduce inflammation, relieve stiff and achy joints and muscles :: lower risk of cancer, diabetes, heart disease and stroke :: inhibit hardening of the arteries :: protect your vision from age related vision loss and blindness (ARMD) :: maintain strong bones :: support immune function and increase resistance to infections :: reduce allergy symptoms without drowsiness :: improve mental acuity and protect mind and memory :: detoxify toxic metals and chemicals :: help slow aging of the skin and dulling of the hair.

To enjoy these benefits and protections the USDA just announced we Americans need to eat approximately 50 % more vegetables, 150% more fruit, 250% more orange and 350% more green vegetables every day. That's 7 to 13 servings a day! In spite of the best efforts of our government, few American adults, and far fewer children, even eat the recommended minimum 5-a-Day!

The Phyto-Nutrition Solution is NanoGreens¹⁰™ whole food fruit and vegetable phytonutrition and SGMC has it. NanoGreens¹⁰™ is NOT a substitute for making healthy decisions when it comes

to food, but it is an excellent adjunct to a healthy lifestyle. NanoGreens¹⁰ is formulated with patented "[NanoSorb™](#)" which utilizes nanosized vesicles that *spontaneously* encapsulate nutraceuticals to maximize availability for absorption by the small intestine! And it tastes great, too! Ask for a sample when you are in the store.

The above statements have not been evaluated by the FDA. NanoGreens¹⁰ is not intended for the diagnosis, treatment or prevention of any disease.

Large Format Printing At SGMC



Do you have that picture that just turned out perfectly and you would like to display it on your wall. Or maybe you'd like to give it as a gift on stretched canvas or high gloss paper.

Let us reproduce your pictures on canvas, sign-in board or hi-gloss paper. We will turn your favorite photo into a masterpiece using large format Giclee printing. We offer the highest quality using only the finest art canvas and archival inks. We can supply you with the canvas only or provide it stretched ready to hang or frame.

Sizes from 8" x 8" to 48" x 48" depending on the format and quality of your photograph.

Of course once printed we can take your masterpiece and custom frame it so that you can proudly display it or give it as a one of a kind gift.

Bring in your photograph or e-mail a digital file to phil@solanco.com before you come in and then we can discuss the options with you.

Remember we go the extra mile by provide ancillary digital restoration and printing services that enhance your custom framing project. Why go anywhere else?

We are your BAND CAMP Supply Headquarters!

We are your local source for everything you need for Band Camp and everything that you need to maintain your instrument, too!



- Gloves • Reeds • Folios • Lyres •
- Valve Oil • Cork Grease • Cleaning Kits • Ligatures •
- Thumbeze • Neck Straps • Drum Sticks & More